

Keep this catalog for future orders

2024 Over-the-Counter (OTC) and Grocery Product Catalog

Grocery products available to members with certain chronic conditions.
Contact the Plan to find out if you qualify.



Get OTC and Grocery products delivered to your doorstep at no additional cost!
AlignSeniorCare.NationsBenefits.com



Personalize Your Shopping with NationsBenefits®

Hello, Valued Member:

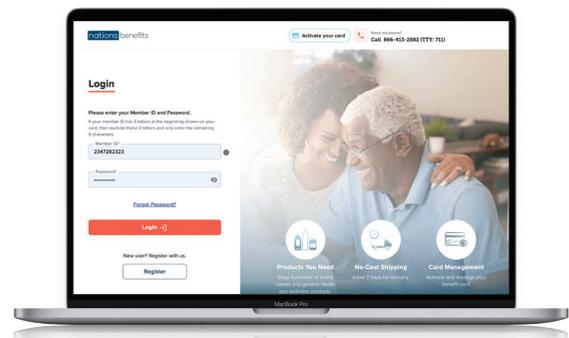
We would like to take this opportunity to welcome you and thank you for choosing **Align Senior Care** to participate in your health care. You have an OTC and Grocery benefit through **NationsBenefits** that gives you access to hundreds of OTC and Grocery products across a variety of categories.

Using your benefit allowance is easy and we encourage you to keep this catalog where it is easily accessible. This booklet includes an order form and postage-paid envelope for your convenience.

You also have access to the personalized Benefits Pro Portal, making ordering even easier. Get started by visiting **AlignSeniorCare.NationsBenefits.com** and log into your account. If this is your first time visiting the portal, please register by following the instructions on the webpage.

Once logged in, you can easily:

- **Search** by category, price, and more
- **View** product descriptions, images, and related condition information
- **Check** your available benefit allowance
- **Order** health and wellness products
- **Track** your order status in real-time



If you need help with the Benefits Pro Portal or placing an order, please call **833-689-1751 (TTY: 711)**. Member Experience Advisors are available 8 a.m. - 8 p.m. local time. Language support services are available if needed, free of charge.

Sincerely,

Your NationsBenefits Team

Helpful Benefit Information



You can save time and money by using your OTC and Grocery benefit allowance to order the items you need to personalize your care. We encourage you to spend your full allowance before the end of your benefit period.

Additional information about your OTC and Grocery benefit is outlined below:



Benefit Usage:

This benefit is only for you and cannot be used for your family or friends.



Availability:

Items, amounts, sizes, and values are subject to change depending on availability.



Substitution:

If an item is out of stock, a similar product of equal or higher value will be shipped.



Delivery:

Please allow two business days for delivery.



Returns:

Due to the personal nature of these products, you do not have to ship products you wish to return back to NationsBenefits.



Disenrollment:

If you disenroll from your health plan, your OTC and Grocery benefit will automatically end.

Ordering OTC and Grocery Products Has Never Been Easier

Choose the best ordering option for you.



Benefits Pro Portal



To place an order through the Benefits Pro Portal, scan the QR code using your smartphone camera or visit: AlignSeniorCare.NationsBenefits.com



Benefits Pro App



To place an order through the Benefits Pro app, scan the QR code using your smartphone or search “**Benefits Pro**” in the App Store or Google Play.



Mail

To place an order by mail, send your completed order form using the postage-paid envelope to:

NationsBenefits
1700 N. University Drive
Plantation, FL 33322

Important: Due to the added time to receive your request by mail, we encourage you to allow extra time when placing your order. If your order is not received by the 20th of the month, it may be processed for the following benefit period. If you want your order applied to the current benefit period, we recommend placing your order online or by phone.



Call

To place an order by phone, please call **833-689-1751 (TTY: 711)**. Member Experience Advisors are available 8 a.m. - 8 p.m. local time.

Product Categories



To see a complete list of your covered 2024 OTC and Grocery products, please visit the **Benefits Pro portal** at AlignSeniorCare.NationsBenefits.com

Over-the-Counter Products

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Please note that the prices shown do not include sales tax.

Top Selling Products



Dental Floss, Mint Waxed
Count: 1

Item #: 5330 \$3.50



Dental Floss, Reach®
Mint Waxed
Count: 1

Item #: 5130 \$4.00



Dental Travel Kit
Count: 1

Item #: 5168 \$7.00



Denture Cleaning Tablets
Count: 40

Item #: 5546 \$5.50



Fixodent® Cream, 2.4 oz.
Count: 1

Item #: 5379 \$7.00



Interdental Flossers
Count: 90

Item #: 5200 \$4.50



Mouthwash, Listerine® Mint,
8.5 oz.
Count: 1

Item #: 4110 \$6.50



Toothbrush, Adult
Count: 1

Item #: 5510 \$2.00



Toothbrush, Colgate®
Adult Medium
Count: 1

Item #: 5101 \$3.50



Toothbrush, Colgate®
Adult Soft
Count: 1

Item #: 5505 \$3.50

Please note that the prices shown do not include sales tax.

Top Selling Products



Toothbrush, Soft 2-pack
Count: 1

Item #: 5702 \$6.00

Toothpaste, Colgate®, 4 oz.
Count: 1



Item #: 5047 \$6.00



Toothpaste, Crest®
Sensi-Relief, 4.1 oz.
Count: 1

Item #: 5811 \$9.75



Toothpaste, Fluoride, 6.4 oz.
Count: 1

Item #: 5102 \$5.50



Toothpaste, Sensitive Teeth,
4.3 oz.
Count: 1

Item #: 5421 \$5.00



Toothpaste, Sensodyne®
Extra Whitening Sensitive
Teeth, 4 oz.
Count: 1

Item #: 4065 \$11.50



Alcohol Pads*
Count: 100

Item #: 5295 \$4.50



Diabetic Skin Relief
Foot Cream, 4 oz.
Count: 1

Item #: 5812 \$13.00



Artificial Tears Drops, 0.5 oz.
Count: 1

Item #: 5004 \$6.25



Cotton Swabs
Count: 300

Item #: 5385 \$4.50

Please note that the prices shown do not include sales tax.

Top Selling Products



Q-Tips® Cotton Swabs
Count: 170

Item #: 5608 \$5.00



Feminine Hygiene Wipes
Count: 40

Item #: 5114 \$5.50



Bandage, Stretch Gauze*
Count: 1

Item #: 5151 \$4.00



Bandages, Assorted*
Count: 100

Item #: 5173 \$6.00



Band-Aids®*
Count: 100

Item #: 5128 \$12.50



Cotton Balls
Count: 100

Item #: 5192 \$4.00



Disposable Gloves,
Nitrile, Medium
Count: 100

Item #: 5193 \$17.00



Disposable Gloves,
Nitrile, Large
Count: 100

Item #: 5191 \$17.00



Petroleum Jelly, 4 oz.
Count: 1

Item #: 5437 \$4.00



Long Handle Bath Sponge
Count: 1

Item #: 5500 \$12.00

Please note that the prices shown do not include sales tax.

Top Selling Products



Night Light
Count: 1

Item #: 5639 \$6.00



Anti-Dandruff Shampoo, 11 oz.
Count: 1

Item #: 5390 \$5.50



Anti-Bacterial Wet Wipes
Count: 20

Item #: 5169 \$4.50



Hand Sanitizer Gel, 8 oz.
Count: 1

Item #: 5924 \$5.00



Moisturizing Body Lotion
with Aloe, 8 oz.
Count: 1

Item #: 6036 \$7.00



Adult Washcloths Disposable*
Count: 48

Item #: 5447 \$7.00



Aloe Vera Cream, 6 oz.
Count: 1

Item #: 5535 \$4.50



Dry Skin Cream, 16 oz.
Count: 1

Item #: 5091 \$10.50



Insect Repellent, Cutter®
Backwoods, 6 oz.
Count: 1

Item #: 5486 \$9.00



Sunscreen, SPF 30, 4 oz.
Count: 1

Item #: 5665 \$7.00

Please note that the prices shown do not include sales tax.

| Over-the-Counter | | | |
|--|--|---------|---------|
| Item # | Description | Count | Price |
| Bathroom Safety & Fall Prevention | | | |
| 5647 | Bath Mat, Non-Skid | 1 ct. | \$14.00 |
| 5851 | Bath Safety Bench with Back | 1 ct. | \$57.50 |
| 5537 | Bath Safety Bench without Back | 1 ct. | \$45.00 |
| 5802 | Bed Assist Bar | 1 ct. | \$55.00 |
| 4159 | Bed Wedge | 1 ct. | \$55.00 |
| 5591 | Handheld Shower Head | 1 ct. | \$25.00 |
| 5853 | Shower Mat, Non-Skid | 1 ct. | \$14.00 |
| 5806 | Slipper Socks, One Size Fits Most | 1 ct. | \$5.50 |
| 5032 | Tub Safety Bar, Suction 12" | 1 ct. | \$16.00 |
| Dental & Denture Care | | | |
| 5700 | Biotene® Dry Mouth Oral Rinse, 16 oz. | 1 ct. | \$14.00 |
| 5260 | Denture Adhesive Cream, 2.4 oz. | 1 ct. | \$5.00 |
| 5626 | Denture Brush | 1 ct. | \$3.00 |
| 5808 | Efferdent® Plus Mint Tablets | 44 ct. | \$9.00 |
| 5204 | Efferdent® Tablets | 20 ct. | \$3.00 |
| 5504 | Fixodent® Cream, 0.75 oz. | 1 ct. | \$4.00 |
| 4073 | Interdental Gum Brushes | 10 ct. | \$4.75 |
| 5113 | Mouthwash, 4 oz. | 1 ct. | \$2.50 |
| 5701 | Polident® Denture Cream, 3.9 oz. | 1 ct. | \$8.50 |
| 5809 | Polident® Overnight | 84 ct. | \$13.00 |
| 5810 | Tongue Cleaner | 1 ct. | \$6.00 |
| 4129 | Toothbrush Protector | 1 ct. | \$1.75 |
| 6051 | Toothbrush, Battery Powered | 1 ct. | \$21.00 |
| 5160 | Toothbrush, Rechargeable | 1 ct. | \$42.50 |
| 5161 | Toothbrush, Rechargeable Replacement Heads | 2 ct. | \$18.00 |
| 5241 | Toothpaste Squeezer | 1 ct. | \$3.50 |
| 5859 | Toothpaste, Pepsodent®, 5.5 oz. | 1 ct. | \$4.75 |
| 5530 | Toothpaste, Travel Size, 0.85 oz. | 1 ct. | \$1.25 |
| 5294 | Toothpaste, Ultrabrite®, 6 oz. | 1 ct. | \$5.00 |
| 5654 | Water Jet, Battery Operated | 1 ct. | \$47.50 |
| Diabetes Care | | | |
| 4109 | Alcohol Pads, Large* | 100 ct. | \$5.00 |
| 5225 | Diabetic Socks, Black, Medium, 3-pack | 1 ct. | \$9.00 |

Please note that the prices shown do not include sales tax.

| Item # | Description | Count | Price |
|---|---|---------|---------|
| Diabetes Care | | | |
| 5223 | Diabetic Socks, Black, Large, 3-pack | 1 ct. | \$9.00 |
| 5860 | Diabetic Socks, Black, X-Large, 3-pack | 1 ct. | \$9.00 |
| 5224 | Diabetic Socks, White, Medium, 3-pack | 1 ct. | \$9.00 |
| 5222 | Diabetic Socks, White, Large, 3-pack | 1 ct. | \$9.00 |
| 5861 | Diabetic Socks, White, X-Large, 3-pack | 1 ct. | \$9.00 |
| 6052 | Diabetic Socks, Ultra Soft Padded, Black, Medium, 2-pack | 1 ct. | \$11.00 |
| 6053 | Diabetic Socks, Ultra Soft Padded, Black, Large, 2-pack | 1 ct. | \$11.00 |
| 6054 | Diabetic Socks, Ultra Soft Padded, Black, X-Large, 2-pack | 1 ct. | \$11.00 |
| 6055 | Diabetic Socks, Ultra Soft Padded, White, Medium, 2-pack | 1 ct. | \$11.00 |
| 6056 | Diabetic Socks, Ultra Soft Padded, White, Large, 2-pack | 1 ct. | \$11.00 |
| 6057 | Diabetic Socks, Ultra Soft Padded, White, X-Large, 2-pack | 1 ct. | \$11.00 |
| 5528 | Sharps Container, 1 qt. | 1 ct. | \$5.00 |
| Eye & Ear Care | | | |
| 4096 | Lubricating Eye Drops, 0.4%, 0.5 oz. | 1 ct. | \$10.00 |
| 4105 | Lubricating Eye Drops, Refresh Tears®, 15 ml. | 1 ct. | \$18.50 |
| 5705 | Multi-Purpose Contact Lens Solution, 12 oz. | 1 ct. | \$8.00 |
| 5517 | Reading Glasses, Diopter +2.0 | 1 ct. | \$5.00 |
| 5519 | Reading Glasses, Diopter +2.5 | 1 ct. | \$5.00 |
| 5520 | Reading Glasses, Diopter +2.75 | 1 ct. | \$5.00 |
| 5524 | Reading Glasses, Diopter +4.0 | 1 ct. | \$5.00 |
| First Aid & Medical Supplies | | | |
| 5404 | Adhesive First Aid Tape* | 1 ct. | \$3.50 |
| 5682 | Alcohol Swabs* | 3 ct. | \$3.50 |
| 6005 | Antiseptic Towelettes | 100 ct. | \$6.00 |
| 4061 | Bandages, Finger and Knuckle | 20 ct. | \$5.00 |
| 4093 | Bandages, Knuckle | 100 ct. | \$7.50 |
| 5194 | Disposable Gloves, Nitrile, Small | 100 ct. | \$17.00 |
| 5930 | Disposable Gloves, Nitrile, X-Large | 100 ct. | \$17.00 |
| 5317 | Ice Bag | 1 ct. | \$8.00 |
| 5817 | Procedural Face Masks with Earloops | 50 ct. | \$14.00 |
| 5131 | Tape, Paper Surgical, 1" x 10 yd.* | 1 ct. | \$2.50 |
| 6042 | Tape, Paper Surgical, 2" x 10 yd.* | 1 ct. | \$3.50 |
| 5544 | Toe Separator | 6 ct. | \$8.50 |
| 5121 | Warm & Cold Water Bottle | 1 ct. | \$9.00 |

Please note that the prices shown do not include sales tax.

| Item # | Description | Count | Price |
|---|--|--------|---------|
| Foot Care | | | |
| 4052 | Arch Support, Adjustable | 1 pair | \$28.00 |
| 5818 | Bunion Guard | 1 ct. | \$9.00 |
| 5219 | Callus Cushions | 6 ct. | \$2.75 |
| 5543 | Foot Powder, 4 oz. | 1 ct. | \$5.00 |
| 4124 | Insoles for Men, Trim To Fit | 1 pair | \$5.00 |
| 4125 | Insoles for Women, Trim To Fit | 1 pair | \$5.00 |
| 5159 | Moleskin Sheets | 4 ct. | \$4.00 |
| Home Diagnostic & Patient Aids | | | |
| 5813 | Activity Tracker | 1 ct. | \$55.00 |
| 5602 | Bathroom Scale, Dial ^{†§} | 1 ct. | \$20.00 |
| 5119 | Bathroom Scale, Digital ^{†§} | 1 ct. | \$47.50 |
| 5814 | Bathroom Scale, Digital Talking ^{†§} | 1 ct. | \$55.00 |
| 5562 | Blood Pressure Monitor, Manual [‡] | 1 ct. | \$15.00 |
| 5371 | Blood Pressure Monitor, Upper Arm Automatic [‡] | 1 ct. | \$37.50 |
| 5573 | Blood Pressure Monitor, Upper Arm Talking [‡] | 1 ct. | \$50.00 |
| 5370 | Blood Pressure Monitor, Wrist [‡] | 1 ct. | \$35.00 |
| 5872 | Blood Pressure Monitor, Wrist Talking [‡] | 1 ct. | \$42.50 |
| 5100 | Button & Zipper Aid | 1 ct. | \$6.00 |
| 6019 | CPAP Mask Wipes | 72 ct. | \$12.00 |
| 6021 | CPAP Pillow Memory Foam | 1 ct. | \$80.00 |
| 5709 | Cushion, Foam Ring | 1 ct. | \$20.00 |
| 5710 | Cushion, Gel/Foam Seat | 1 ct. | \$30.00 |
| 5873 | Cushion, Lumbar | 1 ct. | \$21.00 |
| 5874 | Elastic Mattress Cover, 80" x 36" x 6" | 1 ct. | \$7.00 |
| 5201 | Heart Rate Monitor Watch [‡] | 1 ct. | \$40.00 |
| 5124 | Kitchen Scale, Dial [‡] | 1 ct. | \$7.00 |
| 5821 | Kitchen Scale, Digital [‡] | 1 ct. | \$25.00 |
| 4154 | Magnifying Glass | 1 ct. | \$6.00 |
| 5242 | Pill Box, 7 Day, 1 Time a Day | 1 ct. | \$3.75 |
| 5210 | Pill Box, 7 Day, 4 Times a Day | 1 ct. | \$7.00 |
| 5508 | Pill Box, 7 Day, AM & PM | 1 ct. | \$9.00 |
| 5096 | Pulse Oximeter [‡] | 1 ct. | \$40.00 |
| 5098 | Reaching Aid Device | 1 ct. | \$16.00 |
| 5656 | Shoe Horn | 1 ct. | \$2.00 |
| 5415 | Thermometer Probe Cover | 30 ct. | \$3.00 |

Please note that the prices shown do not include sales tax.

| Item # | Description | Count | Price |
|---|--|--------|---------|
| Home Diagnostic & Patient Aids | | | |
| 5149 | Thermometer, 60 Second | 1 ct. | \$3.00 |
| 6048 | Thermometer, Digital Ear | 1 ct. | \$30.00 |
| 5172 | Thermometer, Flex Tip | 1 ct. | \$7.50 |
| 5627 | Thermometer, Talking Ear & Forehead | 1 ct. | \$48.50 |
| Home Health Care | | | |
| 4126 | Cane Tip, 3/4" | 1 ct. | \$4.00 |
| 5538 | Cane, Folding* | 1 ct. | \$14.00 |
| 4075 | Hypoallergenic Pillow | 1 ct. | \$24.50 |
| Rehabilitation, Therapy & Exercise | | | |
| 6070 | Exercise Resistance Band, Heavy | 1 ct. | \$3.00 |
| 6073 | Pedal Exerciser | 1 ct. | \$50.00 |
| Skin Care | | | |
| 4097 | Aloe Vera Gel, 16 oz. | 1 ct. | \$6.00 |
| 4143 | Hand Sanitizer Gel, 2 oz. | 1 ct. | \$2.00 |
| Sleep Aids | | | |
| 5891 | Nasal Strips, Medium | 30 ct. | \$13.00 |
| 5892 | Nasal Strips, Large | 30 ct. | \$13.00 |
| Supports & Braces | | | |
| 5395 | Ankle Support | 1 ct. | \$4.00 |
| 5208 | Arthritis Gloves, Medium | 1 pair | \$24.00 |
| 5209 | Arthritis Gloves, Large | 1 pair | \$24.00 |
| 6007 | Arthritis Knee Sleeve, Medium | 1 ct. | \$24.00 |
| 6008 | Arthritis Knee Sleeve, Large | 1 ct. | \$24.00 |
| 6009 | Arthritis Knee Sleeve, X-Large | 1 ct. | \$24.00 |
| 5893 | Back Support Elastic, 24" to 46" | 1 ct. | \$14.00 |
| 5894 | Back Support Elastic with Lumbar | 1 ct. | \$27.50 |
| 5896 | Compression Knee-High Socks, 15-20 mmHg, Men's Black, Large (Shoe Size 7.5-11)† | 1 pair | \$15.00 |
| 5900 | Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Large (Shoe Size 8-10.5)† | 1 pair | \$15.00 |
| 5901 | Compression Knee-High Socks, 8-15 mmHg, Women's Black, Medium (Shoe Size 5.5-7.5)† | 1 pair | \$15.00 |
| 5902 | Compression Knee-High Socks, 8-15 mmHg, Women's Black, Large (Shoe Size 8-10.5)† | 1 pair | \$15.00 |
| 6024 | Elastic Bandage, 2" x 4.5 yd.* | 1 ct. | \$1.75 |
| 5398 | Elastic Bandage, 3" x 5 yd.* | 1 ct. | \$1.75 |

Please note that the prices shown do not include sales tax.

| Item # | Description | Count | Price |
|------------------------------|----------------------------------|-------|---------|
| Supports & Braces | | | |
| 5152 | Elastic Bandage, 4" x 5 yd.* | 1 ct. | \$1.75 |
| 6025 | Elastic Bandage, 6" x 5 yd.* | 1 ct. | \$3.75 |
| 5526 | Hot Cold Reusable Pack, 5" x 10" | 1 ct. | \$4.00 |
| 5734 | Knee Stabilizer | 1 ct. | \$21.00 |
| 5910 | Knee Support, Elastic, Medium | 1 ct. | \$7.00 |
| 5912 | Knee Support, Elastic, Large | 1 ct. | \$7.00 |
| 5389 | Wrist Support | 1 ct. | \$6.00 |

Please note that the prices shown do not include sales tax.

| Grocery | | | |
|---------|------------------------------------|--------|---------|
| Item # | Description | Count | Price |
| Food | | | |
| 7143 | Almond Milk, 32 oz. | 1 ct. | \$7.00 |
| 7002 | Almonds, 5 oz. | 1 ct. | \$7.00 |
| 7122 | Avocado Oil, 16 oz. | 1 ct. | \$14.00 |
| 7152 | Baked Beans, 16 oz. | 1 ct. | \$3.50 |
| 7006 | Beef Stew, 15 oz. | 1 ct. | \$4.50 |
| 7007 | Beefaroni, 7 oz. | 1 ct. | \$3.00 |
| 7008 | Beets, Sliced, 14.5 oz. | 1 ct. | \$3.00 |
| 7111 | Black Beans, 15 oz. | 1 ct. | \$2.50 |
| 7010 | Canola Oil, 16 oz. | 1 ct. | \$7.50 |
| 7011 | Cheerios™, 8.9 oz. | 1 ct. | \$7.00 |
| 7012 | Chewy Granola Bars, 8.4 oz. | 8 ct. | \$5.75 |
| 7202 | Chicken Breast Chunk, 10 oz. | 1 ct. | \$5.50 |
| 7225 | Chicken Noodle Soup, 10 oz. | 1 ct. | \$4.50 |
| 7018 | Chunk Light Tuna in Water, 5 oz. | 1 ct. | \$3.00 |
| 7020 | Chunky Vegetable Soup, 18 oz. | 1 ct. | \$4.00 |
| 7021 | Clam Chowder, 18 oz. | 1 ct. | \$4.50 |
| 7144 | Coconut Water, 16 oz. | 1 ct. | \$3.25 |
| 7098 | Coffee Creamer, 16 oz. | 1 ct. | \$5.50 |
| 7022 | Coffee, 11 oz. | 1 ct. | \$9.50 |
| 7046 | Cooking Spray, 5 oz. | 1 ct. | \$7.00 |
| 7150 | Corn, 14 oz. | 1 ct. | \$3.50 |
| 7147 | Ensure® Chocolate Shake, 8 oz. | 6 ct. | \$20.00 |
| 7146 | Ensure® Vanilla Shake, 8 oz. | 6 ct. | \$20.00 |
| 7211 | Extra Virgin Olive Oil, 8 oz. | 1 ct. | \$7.50 |
| 7208 | Fruit & Nut Mix, 6 oz. | 1 ct. | \$6.00 |
| 7024 | Fruit Cocktail, 14.5 oz. | 1 ct. | \$3.50 |
| 7151 | Green Beans, 14 oz. | 1 ct. | \$3.50 |
| 7032 | Instant Mashed Potatoes, 13.75 oz. | 1 ct. | \$4.50 |
| 7033 | Jelly, Grape, 20 oz. | 1 ct. | \$4.50 |
| 7034 | Jelly, Strawberry, 20 oz. | 1 ct. | \$4.50 |
| 7121 | Milk, Shelf Stable 2%, 32 oz. | 1 ct. | \$5.00 |
| 7041 | Mixed Nuts, 5 oz. | 1 ct. | \$6.00 |
| 7134 | Nature Valley™ Granola Bars | 12 ct. | \$6.50 |

Please note that the prices shown do not include sales tax.

| Item # | Description | Count | Price |
|-------------|----------------------------------|--------|--------|
| Food | | | |
| 7056 | Peaches, Sliced, 8.5 oz. | 1 ct. | \$3.25 |
| 7057 | Peanut Butter, Creamy, 16 oz. | 1 ct. | \$5.50 |
| 7059 | Pear Halves, 15 oz. | 1 ct. | \$3.50 |
| 7061 | Pineapple, Sliced, 8 oz. | 1 ct. | \$3.75 |
| 7066 | Raisin Bran®, 16 oz. | 1 ct. | \$6.50 |
| 7158 | Ramen Noodle Soup, 3 oz. | 1 ct. | \$1.50 |
| 7141 | Sandwich Crackers, Cheddar | 8 pack | \$6.00 |
| 7109 | Steak & Vegetable Soup, 18.8 oz. | 1 ct. | \$4.50 |
| 7016 | Stuffing Mix, 6 oz. | 1 ct. | \$4.50 |
| 7091 | Tomatoes, Diced, 14.5 oz. | 1 ct. | \$3.00 |
| 7140 | Trail Mix, 16 oz. | 1 ct. | \$8.00 |
| 7101 | Vienna Sausage, 4.6 oz. | 1 ct. | \$2.25 |

Please note that the prices shown do not include sales tax.

| Incontinence Supplies | | | |
|-----------------------|---|--------|---------|
| Item # | Description | Count | Price |
| Incontinence Supplies | | | |
| 5525 | A&D Ointment, 4 oz. | 1 ct. | \$4.00 |
| 4095 | A&D Plus Vitamin E Ointment, 13 oz. | 1 ct. | \$7.00 |
| 6001 | Adult Briefs, Medium (Adhesive Closure), 32" to 44"* | 24 ct. | \$18.00 |
| 6002 | Adult Briefs, Large (Adhesive Closure), 44" to 58"* | 24 ct. | \$20.00 |
| 6003 | Adult Briefs, X-Large (Adhesive Closure), 58" to 63"* | 20 ct. | \$20.00 |
| 5447 | Adult Washcloths Disposable* | 48 ct. | \$7.00 |
| 5714 | Attends® Discreet Men's Guard* | 20 ct. | \$14.00 |
| 5879 | Attends® Discreet Women's Moderate Bladder Control Pad* | 20 ct. | \$9.00 |
| 5880 | Attends® Discreet Women's Maximum Bladder Control Pad* | 20 ct. | \$11.00 |
| 5715 | Attends® Discreet Women's Ultimate Bladder Control Pad* | 20 ct. | \$22.00 |
| 5881 | Attends® Discreet Women's Panty Liner* | 28 ct. | \$8.00 |
| 5716 | Attends® Discreet Women's Ultrathin Pad* | 20 ct. | \$8.00 |
| 5825 | Bathing Wipes | 8 ct. | \$9.00 |
| 5150 | Bladder Control Pad, Adult* | 14 ct. | \$7.00 |
| 4151 | Bladder Control Pad, Heavy* | 20 ct. | \$20.00 |
| 5720 | Bladder Control Shaped Pad, Moderate Absorbency* | 28 ct. | \$13.00 |
| 5718 | Bladder Control Shaped Pad, Maximum Absorbency* | 28 ct. | \$14.00 |
| 5719 | Bladder Control Shaped Pad, Ultimate Absorbency* | 28 ct. | \$17.00 |
| 5883 | Disposable Underwear Pull-Up, Medium, 34" to 44"* | 20 ct. | \$17.00 |
| 5882 | Disposable Underwear Pull-Up, Large, 44" to 58"* | 18 ct. | \$17.00 |
| 5884 | Disposable Underwear Pull-Up, X-Large, 58" to 68"* | 14 ct. | \$17.00 |
| 5529 | Flushable Wipes* | 24 ct. | \$7.50 |
| 5885 | No-Rinse Body Wash, 8 oz. | 1 ct. | \$4.00 |
| 6040 | Perineal Wash Rinse-Free, 8 oz. | 1 ct. | \$4.75 |
| 6058 | Underpad, Disposable, 23" x 24"* | 50 ct. | \$16.50 |
| 5721 | Underpad, Disposable, 23" x 36"* | 15 ct. | \$12.00 |
| 5722 | Underpad, Disposable, 30" x 30"* | 10 ct. | \$11.00 |
| 6059 | Underpad, Extra Absorbent Air Permeable, 30" x 36"* | 5 ct. | \$14.50 |
| 6032 | Urinal, Male | 1 ct. | \$3.75 |
| 5413 | Zinc Oxide Ointment, 20%, 1 oz. | 1 ct. | \$2.75 |

*Under certain circumstances, these items may be covered under either Part B or Part D. When an item is covered by Part B or Part D due to particular circumstances, you would not use your Part C Supplemental OTC benefit to obtain this item because it is Medicare-covered in those circumstances.

†Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. These items may be purchased only after discussing the purchase with your personal provider (or satisfying other requirements your plan may specify).

§Scales are available to members with congestive heart failure or liver disease, to monitor fluid retention.

This product list is subject to change. Items, quantities, sizes, and values may change depending on availability. This information is not a complete description of the benefits. Items may vary based on the manufacturer and availability. Items may be added or removed at any time without notice. The brand names of the OTC items are trademarks of each company. Item costs may change from year to year. Please review the product labeling and consult with your doctor with any health or medical questions. To see the most up-to-date version of the catalog, visit your Benefits Pro Portal. NationsBenefits reserves the right the to limit the quantities of OTC items dispensed.

This grocery list is subject to change. Items, quantities, sizes, and values may change depending on availability. This information is not a complete description of the benefits. Items may vary based on the manufacturer and availability. Items may be added or removed at any time without notice. The brand names of the items are trademarks of each company. Item costs may change from year to year. Consult with your primary care provider (PCP) about which grocery items you should use to better manage your health and/or chronic illness.



FASTEST Delivery Method

Order your OTC and Grocery products online through your **Benefits Pro Portal** at **AlignSeniorCare.NationsBenefits.com** or scan this QR code with your smartphone camera.



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To Order by Mail – Fill Out Your Personal Information

For orders by mail, fill out the information below and use the back of this form to order products. *Mail orders will be processed in 5-7 days.*

Only this form will be used for orders. Alternate or non-standard forms are not acceptable and will result in an order not being placed. To ensure your order is processed correctly please write **LEGIBLY** and use **BLACK INK ONLY**.

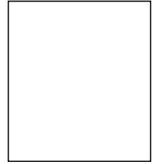
| | | |
|------------|-------------|---------------|
| Member ID | | Date of Birth |
| First Name | | Last Name |
| Street # | Street Name | Apt./Suite # |
| City | State | Zip Code |
| Phone | Email | |

Send the completed order form using the postage-paid envelope to:

NationsBenefits
1700 N. University Drive
Plantation, FL 33322

I understand that the phone numbers and/or emails I provided on this form may be used by NationsBenefits or any of its contracted parties to contact me about my account, my health benefit plan or related programs, or services provided to me.

IMPORTANT: Due to the added time to receive your request by mail, we encourage you to allow extra time when mailing your order. Your order will be processed in the benefit period that it is received. If you want your order applied to the current benefit period, we recommend placing your order online or by phone.



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Language support services are available if needed, free of charge.

